

[NAME] HIGH SCHOOL VARSITY TEAM RULES

1. Always act in a first class manner so there will be no doubt of your behavior.
2. While traveling to any game where we are representing **[NAME]** High School, we will wear tennis shoes or sport slip-ons with the appropriate game socks.
3. All jewelry is removed for practice and games. No band-aides over newly pierced parts.
4. Always respect the opposing teams, coaches, umpires, yourself and your coaches. No taunting cheers.
5. Always come ready to practice and/or play your hardest no matter what role you will play.
6. All cell phones are to be left in the player's inside locker.
7. Stay focused on the game. Support your own team members.
8. Keep the locker rooms and athletic facilities clean. Use the trash cans.
9. All players are expected to attend all team events. Occasionally a player is sick or there is a family emergency arises, contact your Coach and your captains.
10. On away games you will ride the bus to the game and home from the game, unless alternative arrangements have previously been made.
11. Players should bring a couple of water bottles.
12. Players that engage in behavior inconsistent with **[NAME]** Code of Conduct may be placed on suspension or removed from the team. If this occurs at the end of the season, the conduct may be considered in determining whether the player will be eligible to participate on the team the following season.
13. All **[NAME]** Policies will be enforced.

I have read the above rules:

Player's Signature

Date

Parent/Guardian Signature

Date